

Participants
enjoy lunch
@ 12.30pm

SKILLS CAFE



Housing Advice, Advocacy and Support

Live, Love &
Learn!

Wednesday Workshops@ Manna House

February 2022

2nd February Poetry with Phil

10am—12noon Come and be uplifted—we all have stardust in our souls!

9th February Trip to Space2Create

10am—12noon Roses are red, violets are blue, a walk, some Art, & delicious lunch 2

16th February Allotment walk

10am—12noon Spring is in the air—so come on a trip to our new allotment !

23rd February Lego Day

10am—12noon Life is like Lego: you can always rebuild or or create something new...

Please let Manna House staff know if you plan to attend.

01539 725534 or clare@mannahouse.org.uk